



February 17, 2023

# School News

Sequim Middle School

Office Hours: 7:00-3:30 p.m.

Main Office 360-582-3500 Attendance 360-582-3503



## What do I need to know before the week starts: 2/20-2/24

### Parent Resource and Conversation

All adults who work with youth are working hard to keep up with the dynamic changes that they are going through in a world that is equally dynamic. As we partner with you at home to help grow our greatest resource, we are always looking for perspectives that will help us with both understanding and focus. I recently read a book written by a certified clinical and school counselor that brought some focus. I found value in "Middle School Matters" by *Phyllis Fagel*. She identified 10 key points of learning for these critical three years in our children's struggles to build their self-identity in today's world. I will share out some more details over the next few weeks, but I would love feedback from anyone so inclined to email me at [mharris@sequimschools.org](mailto:mharris@sequimschools.org).

Below are the 10 key skills kids need to thrive in and beyond middle school, in a very abbreviated form:

1. Make good friend choices.
2. Negotiate conflict.
3. Manage a student-teacher mismatch.
4. Create homework and organization systems.
5. Consider others' perspectives.
6. Self-advocate.
7. Self-regulate emotions.
8. Cultivate passions and recognize limitations.
9. Make responsible, healthy, and ethical choices.
10. Create and innovate.

### Logistics:

2/20: President's Day—No School

### CLUBS:

Mon: HOSA— Future Health Professionals, 2:45

Mon: Gamer Girls, 2:45-4:00

Tue: Timberwolves Thunder Drumline, 2:45-4:00

Tue: Art Club, 2:45-3:45 starting 2/21

Wed: Hiking Club, 2:45-4:00

Wed: Woodwind & Brass Club, 2:45-4:00

Wed: NASA Science Club, 3:00-4:00

Thurs: Fly Fishing Club, 2:45-4:00

Thurs: Sequim Thunder Drumline (Advanced), 2:45-4:00

Thurs: Dungeons and Dragons Club, 3:00-5:00

Thurs: Game Club, 2:45-4:00

Thurs: TSA e-sports, 2:45-4:00

### Next Week 2/27-3/3...

### Logistics:

2/28: MAPS testing—DIFFERENT BELL SCHEDULE (Schedule below)

3/2: MAPS testing—DIFFERENT BELL SCHEDULE (Schedule below)

3/3: NO SCHOOL—Professional Learning Day

## Testing - via Wolfpack

### Grade 6

	Start		End
Office Hours	7:45 AM	30:00	8:15 AM
Testing - via Wolfpack	8:15 AM	00:00	10:15 AM
1st	10:19 AM	36:00	10:55 AM
2nd	10:59 AM	36:00	11:35 AM
Lunch	11:35 AM	30:00	12:05 PM
3rd	12:09 PM	36:00	12:45 PM
4th	12:49 PM	36:00	1:25 PM
5th	1:29 PM	36:00	2:05 PM
6th	2:09 PM	36:00	2:45 PM
Office Hours	2:45 PM	30:00	3:15 PM

### Grade 7

	Start		End
Office Hours	7:45 AM	30:00	8:15 AM
Testing - via Wolfpack	8:15 AM	00:00	10:15 AM
1st	10:19 AM	36:00	10:55 AM
2nd	10:59 AM	36:00	11:35 AM
3rd	11:39 AM	36:00	12:15 PM
Lunch	12:15 PM	30:00	12:45 PM
4th	12:49 PM	36:00	1:25 PM
5th	1:29 PM	36:00	2:05 PM
6th	2:09 PM	36:00	2:45 PM
Office Hours	2:45 PM	30:00	3:15 PM

### Grade 8

	Start		End
Office Hours	7:45 AM	30:00	8:15 AM
Testing - via Wolfpack	8:15 AM	00:00	10:15 AM
1st	10:19 AM	36:00	10:55 AM
2nd	10:59 AM	36:00	11:35 AM
3rd	11:39 AM	36:00	12:15 PM
4th	12:19 PM	36:00	12:55 PM
Lunch	12:55 PM	30:00	1:25 PM
5th	1:29 PM	36:00	2:05 PM
6th	2:09 PM	36:00	2:45 PM
Office Hours	2:45 PM	30:00	3:15 PM

**Growing Expert Learners** ʔiʔánəŋt st! (We learn together!)